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ABSTRACT

This book aims to empower students and teachers to take a fresh look at the learning process. It guides students to become aware of their learning styles and to develop strategies to make their language learning successful. The book includes the following features: questionnaires in every chapter to help learners assess their learning styles; discussion to encourage students to explore language learning strategies, take risks, build self-confidence, and acquire successful test-taking strategies; exercises to help learners practice all language skills while developing learning strategies; and journal writing guides. The book has 12 chapters: "What Kind of Learner Are You?"; "Discovering Your Learning Styles"; "Left Brain and Right Brain"' "Motivating Yourself and Setting Goals"; "Developing Self-Confidence and Lowering Anxiety"; "Learning to Take Risks"; "What's Your Language IQ?"; "The Influence of Your Native Language"; "Learning a Second Culture"; "Using Individual Learning Strategies"; "Using Group Strategies"; and "Strategies for Taking Tests." (Adjunct ERIC for ESL Literacy Education) (KFT)

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